

# Quinoa Breakfast



**Serving size:** 1

**Ingredients:**

½ c. cooked organic red quinoa  
2 pastured eggs  
1 tsp. ghee  
½ avocado, cubed  
Organic salsa verde  
Kosher sea salt (to taste)

**Directions:**

1. Pre-cook quinoa and allow to cool.
2. Scrambled two eggs in a small skillet with ghee.
3. Cut avocado in half and then cut into cubes.
4. Serve eggs over quinoa with cubed avocado on the side.
5. Top with salsa verde and sea salt.